



**PMM Draw/Transition Drill Worksheet**  
 Drop Best & Worse from each volley & add them up.  
 Divide draw by 6 then add splits per run  
 for Potential Plate rack run.



Name of shooter:											Draw from Holster			Potential Run 1
1	2	3	4	5	6	7	8	Total	Div. x6	AVG:				
									/					
Splits														
1	2	3	4	5	6	7	8	Add All 6		Total				
Name of shooter:											Draw from Holster			Potential Run 2
1	2	3	4	5	6	7	8	Total	Div. x6	AVG:				
									/					
Splits														
1	2	3	4	5	6	7	8	Add All 6		Total				
Name of shooter:											Draw from Holster			Potential Run 3
1	2	3	4	5	6	7	8	Total	Div. x6	AVG:				
									/					
Splits														
1	2	3	4	5	6	7	8	Add All 6		Total				
Name of shooter:											Draw from Holster			Potential Run 4
1	2	3	4	5	6	7	8	Total	Div. x6	AVG:				
									/					
Splits														
1	2	3	4	5	6	7	8	Total	Add All 6	Total				
									/					

